

## ANNUAL REPORT

# **MSU Extension Mason County**

Food • Ag • Youth • Health • Environment • Community

Since 1916, the Michigan State University (MSU) Extension has helped the residents of Mason County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

39

Programs delivered in Mason County **597** 

Mason County Adults

Participated in programs offered by MSU Extension.

182

Programs Attended

By Mason County residents either in county, outside of Mason County, or on-line. 385

Mason County Youth

Participated in programs offered by

<u>MSU Extension.</u>

2,006

Program Participants

In programs lead by Mason County staff on-line or statewide.

**5,946**Facebook
Page Visits

1,493
Inquiries
handled in the
MSU Extension
office

**653**Plat Books sold

Programs
delivered by
Mason
County staff

# MASON COUNTY STAFF

**2** Educators

Program Instructors

Clerical Support

30
Partnerships and coalitions

# MASON COUNTY FOCUS AREAS

#### Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- MI Ag Ideas to Grow With
- Soy bean research
- Farm Financial Analysis
- Produce Safety Alliance Grower Training
- Farm Bill and Crop Insurance Training
- Sheep and goats for small farms
- Women in Agriculture
- Farm Stress
- Asparagus Day
- Chestnut Chat
- Seedling Growers Annual Meeting

## **Environment**

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations.

- Not MI Species
- Wild Spartans
- Steelhead Fishery Workshop
- Michigan Birding 101
- Southern Lake Michigan Regional Fisheries Workshop
- Let's learn about invasive Species
- Michigan Beekeepers Conference

#### Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan.

- Citizen Planner
- Tax Bill Education
- Direct Marketing Webinar

### Community (cont.)

- Conducting Land Division Reviews
- Regional Meetings for ARPA Guidance
- Current Issues Affecting MI Local Govern.
- Sign Regulation Guidebook Training
- Foreclosure Prevention
- Zoning Administrator Certificate
- Fiscally Ready Communities

#### Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- Nutrition Education at Lakeview, Mason County Eastern, Franklin, Ludington Senior Center, O.J. Dejonge
- Tai Chi for fall prevention
- Stress Less with Mindfulness
- Investigating Food With Science
- Opioid Task Force
- Pantry Food Safety Training
- Chronic Pain PATH
- Cottage Food Law Training
- Food Safety Q & A
- Family Medicine Immunization Update
- Preserving MI Harvest
- Diabetes Prevention Program

#### Family

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- Creative Arts Celebration
- Clover Crates (Activity Kits)
- League of Clovers (Video Gaming)
- 4-H in the Kitchen
- Military Child Goose Chase (Scav. Hunt)
- Exploration Days
- Back yard Bassathon

# 4-H Mason County

According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are 4X more likely to make contributions to their communities, 2X more likely to be civically active, and 2X more likely to make healthier choices.

19 Clubs 159 Members **39** Volunteers

**468**Volunteer Hours